

Booking Form

The Venue

The Council Chamber is located on the County Hall campus at Spetchley Road, Worcester. There is NO onsite parking available at County Hall, but the Park and Ride service from Sixways (just off junction 6 of the M5) operates a regular service at 10 minute intervals to County Hall at a small cost.

Payment Details:

Day Delegate Rate: £75
For concessions and further information on how to pay please call 0800 032 0790

Please complete this form and return to:

Vera Stahlbrand, Mental Health Care Debate, The Learning, Development & Wellbeing Centre, Tolladine Road, Worcester WR4 9NB or email to: practicelearning@worcestershire.gov.uk

Delegate Information (Please print clearly)

Full name:

Organisation

Address:

.....

..... Post Code:

Email:

Telephone Number

Special requirements

Please be advised that this session will be filmed

The title of the debate is Mental Health, Stigma and Dignity in Care. If you would like to ask a question of the panel please complete the details below.

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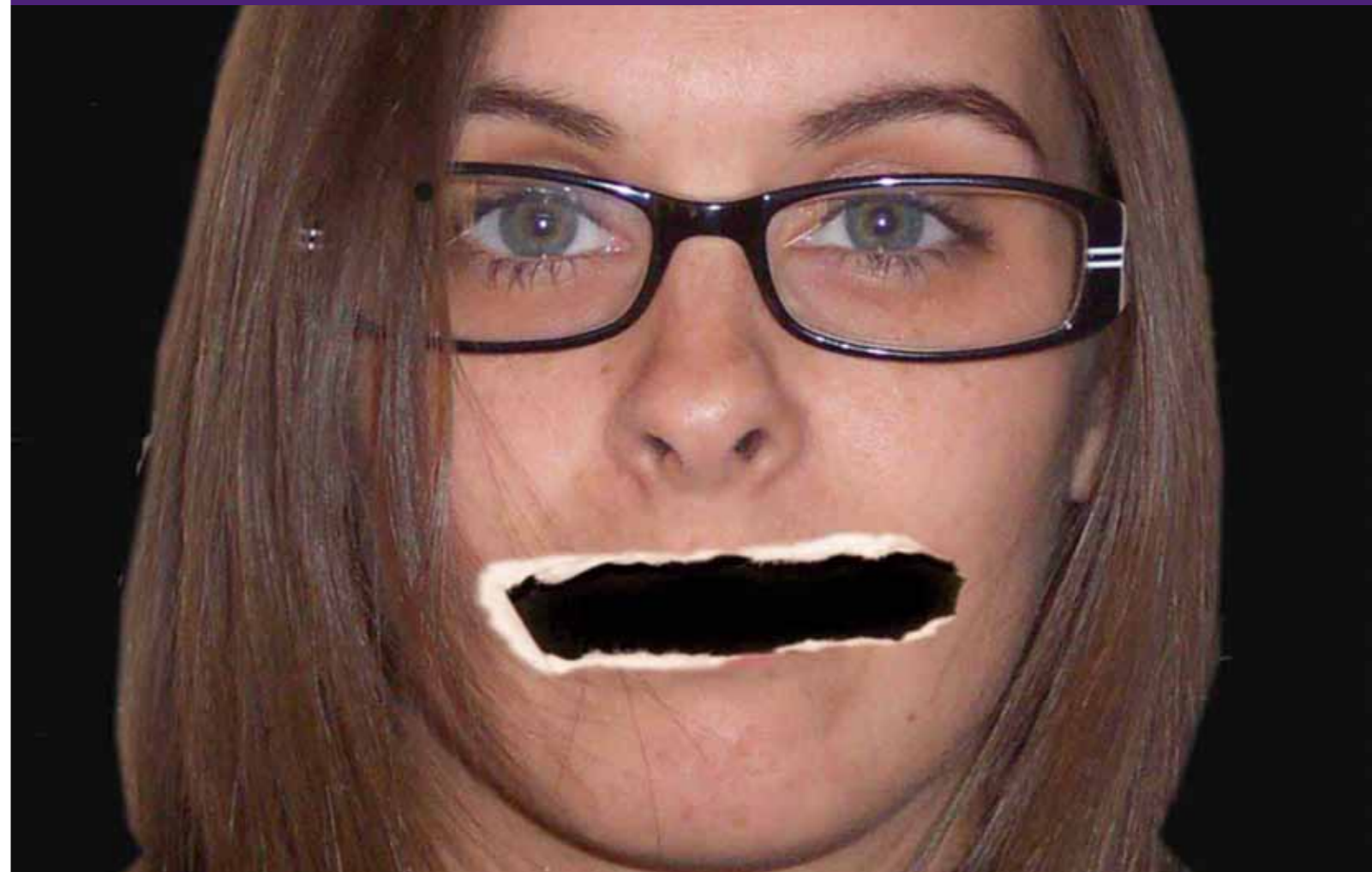
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To the best of our knowledge all information was correct at the time of printing: September 2009

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To kill the demon we first have to say its name....



Mental Health, Stigma and Dignity in Care

Wednesday November 4th 2009

9:30-3:30

Council Chamber, County Hall, Worcester

Mental health, stigma and dignity in care

The Learning, Development and Wellbeing Team are pleased to announce that this conference will be held at the Council Chamber, County Hall, Worcester on November 4th, 2009.

'1 in 4 British adults experience at least one diagnosable mental health problem in any one year, and one in six experiences this at any given time.'

The Office for National Statistics Psychiatric Morbidity report (2001)

The world is getting smaller whilst the demands on all of us have become greater. Mental Health problems are not something that happen to other people yet it continues to be an issue that people are reluctant to talk about. This conference will focus on the issues around

- Happiness and success
- Wellness at work
- Mental health first aid
- Dignity in care
- Reducing stigma, inequality and discrimination

The Care Debate Series

Mental Health, Stigma and Dignity in Care

The afternoon session will be the second in our Care Debate Series. The first debate was held in January 2009 and featured Tony Robinson on the panel. The aim was to show how learning does not have to be through formal training courses and that a wide range of resources can be used. The event was filmed and developed into a DVD Training resource. Copies of the first debate will be available to delegates on request.

The aim of the Care Debate series is to promote learning through means other than formal training sessions. The sessions are designed to be dynamic, innovative and fun. They have also been in response to the General Social Care Council's post-registration training and learning agenda by showing that Continued Professional Development can be evidenced in a huge range of ways and not just through text books.

The debate will focus on the subject of Mental Health, Stigma and Dignity in Care. Mental health has been seen to be an issue that affects other people. In reality almost all of us will be touched by mental health problems within our lifetime. The stigma and discrimination that surrounds mental health can mean that people find it more difficult to get the job that they want or the education and services that they need. The debate will focus on these issues and look at ways in which they can be overcome. Delegates are able to submit questions to the panel in advance by completing the section on the booking form. Subject to time there may be the opportunity for delegates to submit questions during the debate.

The Speakers:



Ben Renshaw

Ben Renshaw's innovative work with leading organisations on building success-focused cultures has brought him international acclaim. He coaches leaders on bringing out the best in people.

He was the relationship expert for C4 award winning programme Perfect Match. Other television appearances include Newsnight, BBC News, Richard & Judy, GMTV and the Open University. He has presented on numerous radio shows and has received press coverage in the majority of national papers and magazines.



Dr Sandra Scott

Over the past decade Dr Sandra Scott has become the UK's foremost media psychiatrist but before launching her broadcasting and print career, she spent many years in medical training and practice.

An appearance on the BBC2 series Confidence Lab began her broadcasting career and quickly led to her on-screen role for C4's Celebrity Big Brother and Big Brother 2, 3, 4 and 5. Not surprisingly, she was soon called upon for the other high profile reality entertainment shows - Hell's Kitchen (ITVI), where she provided psychological support for the contestants, and ITVI's I'm a Celebrity, Get Me Out of Here! where, for the past eight years, she has been on hand in the Australian jungle to counsel the celebrities. She has also worked widely within the features genre including Sex – The Great Debate for BBC1, Hey Big Spender, where she counselled people with spending problems, the Tomorrow's World special, Lab Rats (BBC1), where she put six volunteers through a series of scientific experiments designed to explore the human condition, Supersize Superskinny for Channel 4 and Legacy for Talkback Thames.



Jeremy Voaden

Jeremy has worked in the field of mental health, community development and recovery for over 20 years, as a Mental Health Nurse and Public Health Specialist. He is currently Senior Services Manager: Community Resilience with the British Red Cross

in Herefordshire, Shropshire and Worcestershire.

Ruby Wax

Ruby is one of the best known faces on television. She studied for an MSc in Psychotherapy and a course in Neuroscience at UCL, and now runs management workshops for business leaders enabling them to find a deeper and



more direct level of communication with their clients and colleagues. Her workshops combine humour with scientific and theoretical learning and normally involve practical exercises. Ruby's participants leave with a set of tools helping them create a climate of

positivity, more effective teams, so directly impacting their organisation.

Ruby Wax has experienced episodes of depression for most of her life, but it wasn't until she finally checked into a clinic, that she realised how widespread mental problems are: "It's so common, it could be anyone. The trouble is nobody wants to talk about it. And that makes everything worse."

Ruby has written about depression and used the topic for her one-woman shows as a way of getting the subject out in the open. "We need to take the stigma out of mental illness. People shouldn't be ashamed of it." Ruby manages her depression through therapy and medication and is optimistic about the future: "It used to be the 'C' word - cancer - that people wouldn't discuss. Now it's the 'M' word. I hope pretty soon it'll be okay for everyone to talk openly about their mental health without fear of being treated differently."

Interactive Exhibition Area

During the event you will also have the opportunity to visit interesting and educational stands plus have a go at creating your own pedal-powered fruit smoothies.